

HEART and HOME PROBLEMS

MRS. ELIZABETH THOMPSON



Dear Mrs. Thompson—(1) I have an old mahogany table, which I have repainted mahogany, but the top just sticks to everything and so never looks decent. Finally I put varnish on the top but this did not help matters. Can you tell me what to put on the top so that it will have a shiny, smooth surface?

(2) Can you also tell me how to wash and clean corsets?
(3) How do you clean dress shields? I have tried several times, but they never look clean after washing.
(4) Do you know how to make hair stay in curl long at a time? I know it is said that it is hard to keep hair curly in summer.

YOUNG HOUSEKEEPER.

(1) About the only thing you can do to make the table look well is to remove all the paint and refinish it. It should never have been painted, you see.

You can buy a can of lye and apply it to the paint according to directions printed on the can. When the paint has softened, it can be easily scraped off. Then sandpaper the top of the table smooth. This is hard work, but it will have to be done. When the table top is perfectly smooth you can give it a dull oil finish, or give it a coat of the same kind of varnish you speak of, applying it very thinly and evenly and quickly, with a camel's hair brush.

(2) Take the steels out of the corset, if possible. Then lay the corset on a table, take a good stiff brush, soap and hot water with a little soda or ammonia in it. Scrub the corset on both sides, then rinse well, without wringing, and hang out in the sun to drip dry.

(3) Shields must be washed in cool water. Dissolve a little washing soda in a cup of hot water, add this to cold water, then wash the shield like you do the corset, but use a softer brush—a nail brush will do. Hang these out to drip dry, also.

(4) Get 5 cents worth of bruised quince seed at the drug store. Steep

a tablespoonful of this in boiling water. Pour off the liquid, add a little pure alcohol, and apply the mixture to the hair before putting it on kid curlers. It will help the hair to stay in curl.

Dear Mrs. Thompson: We are two ambitious girls of 16. Much to our families' sorrow, we are both very plain looking, and if only to show them our gratitude for their kindness to us we would like to become a little more attractive. Will you please give us some suggestions? Does hairdressing affect the appearance much?

BLUE EYES AND GRAY EYES.
It is right that every girl should look as pretty as she knows how.

This doesn't mean piling on powder and wearing extreme styles. It means using good taste in everything, and it also means being healthy, for no sickly girl can be really pretty. Therefore make yourself wholesome, cultivate a sweet disposition and pretty manners. Then dress becomingly, find a becoming way to dress your hair, and be neat.

Plenty of bathing is necessary to good looks. For a good complexion, eat fresh fruits and vegetables, keep the bowels moving freely, drink plenty of fresh milk and pure water, and eat nourishing foods, not rich foods. Exercise outdoors all you can.

Brush your hair a great deal so that it will be shining and fluffy. Give your skin a gentle massage every night with a cleansing cream, wiping it off thoroughly afterward. And, best of all, don't think about your looks except while at your toilet.

You can be charming without being handsome.

be given for the bride-to-be as the time approaches for the wedding.

PERSONAL POINTS

Mr. and Mrs. James G. Conway have gone by steamer to St. Paul.

Clarence Zwicker has returned from a visit in Chicago.

Mr. and Mrs. Ben Mitchell have gone to Milwaukee on a trip.

R. C. Clarke, deputy county clerk, is in Peoria today on a business trip.

Mrs. Arthur Fider of Duluth, Minn., is a guest at the home of Mr. and Mrs. B. M. Iglehart.

Former Congressman James McKinney of Toledo spent yesterday in the city.

Misses Lois and Marian Hubbard left today for Freeport for a visit with friends.

Miss Grace O'Neill left this morning for Milwaukee where she will spend a few weeks.

E. G. McAloon has gone to St. Paul, Minn., where he will make his future home.

W. B. Morgan has gone to Peoria for a few days' visit and from there will go to New York City.

Mrs. Fannie Taylor, formerly of this city, now of Chicago, is visiting friends in the city.

Miss Myrtle Wicher, 705 Ninth avenue, is spending her vacation with relatives and friends in Chicago and Elginwood.

Miss Winifred Huntoon and three nieces have gone to Manitowish and Charlevoix, Mich., for a two weeks' visit.

Mrs. Louis Dewein and daughters, Nellie and Jessie, of Burlington, Iowa, have returned to their home after a two weeks' visit with Mr. and Mrs. W. A. Frewert.

Mrs. L. M. Copp and grandson, Herbert Copp, 848 Twentieth street, are spending August at Wequetonsing, Mich.

C. L. Walker, 616 Twentieth street, has returned after an outing at Wequetonsing, Mich. Mrs. Walker and daughter will remain for a longer stay.

Miss Grace Graves has gone to Chicago where she will be joined Wednesday by Rev. and Mrs. M. E. Chatley and Miss Henrietta Beslin and together they will take a boat trip to

Robert Bennett, 834 Twenty-third street, has returned from a fishing trip to northern Wisconsin. George Sudlow and Ira Roberts, who were members of the party, will return tomorrow.

Mr. and Mrs. H. A. J. Paridon and son Jack, 916 Twenty-first street, and J. P. Kruse of Swift Current, Canada, returned Saturday from a several days' automobile trip to Peoria, Springfield and other points in the state.

E. D. Powell of the reportorial staff of the Daily Review of Monmouth was in the city yesterday, enroute to Washington, Iowa. While here he investigated the charms of Campbell's Island as a summer resort and may return later in the season with a party and take a cottage there.

H. H. Cleveland and Joseph G. Woodbury, the local delegates to the grand commandery of the Knights Templar at Denver, left yesterday morning on the special train bearing the Illinois delegates. The train was well filled with delegations from Chicago, and cities along the way.

Thad Taylor, son of S. C. Taylor, 908 Twentieth street, has been designated orderly on the U. S. S. Arkansas, under Rear Admiral Winslow, winning the appointment over four others detailed for the post. This is a splendid showing for one of his age, Thad having just attained his 20th year. Fay Taylor, brother of Thad, is now located at the Philadelphia barracks studying wireless siege gunnery.

NOTED DOCTORS WILL BE HEARD

Regular Meeting of the County Medical Society at Local Club.

Dr. C. J. Whalen of Chicago, president of the Illinois State Medical society, and Dr. Peter Bassac, also of Chicago, will be the principal speakers at the regular meeting of the Rock Island County Medical society which will be held at the Rock Island club tomorrow evening. The following program will be carried out:

"Tuberculosis of the Nose and Throat"—Dr. J. E. Asay, Rock Island. Address (selected)—Dr. C. J. Whalen, Chicago, president Illinois State Medical society.

"The Use of Thyroid Extract in Cases of Nephritis"—Dr. W. L. Eddy, Moline.

"Discussion of Some of the Newer Spinal Cord and Brain Operations from the Neurologist's Point of View"—Dr. Peter Bassac, Chicago.

LICENSED TO WED

Peter T. Miller Clinton, Iowa
Miss Myrtle L. Gladhill Clinton
Ralph W. Hayward Tiskilwa
Miss Bess B. Landes Tiskilwa
George G. Kuhn Rock Island
Miss Agnes M. Smith Rock Island

Don't Go Away.
Barge Mississippi is coming three days only, Saturday, Sunday, Tuesday, Aug. 16-17-19. London's big concert band and orchestra.—(Adv.)

You Need Eyetone.
A remedy for eye troubles. For sale and guaranteed by all first class druggists or sent direct from laboratory on receipt of 50 cents. J. F. Whelan, Phm. B., Cedar Rapids, Iowa.—(Adv.)

KEEPS A VOW TO WED KIN'S WIDOW

Belleville, Ill., Farmer Sends to Germany for Woman and Seven Children.

Belleville, Ill., Aug. 11.—The brothers Grass, Alois and Otto, back in the Fatherland, 20 years ago, were inseparable. Even as kinsmen the affection between them was extraordinary, so that in the little town in which they were born and grew up together their names became synonymous with brotherly love.

"What one has the other shall have and share alike," was the principle they observed, and it was observed to the letter.

But little towns in Germany do not present many opportunities for strong young men, and it was decided that one of the brothers could better contribute to the support of the Grass parents by seeking his fortune in the new world. Each urged that the other should be given the opportunity of future wealth, but finally it was decided that Alois, the elder, should be the fortune seeker.

When Alois Grass left he and his brother agreed that affection and the old compact should exist unchanged. Should either one be beset by bad luck or illness, all the other had to be to his aid as he needed. In particular, after they had married and got families, should one die, the other was to give assistance and keep the widow and children from want.

Alois reached the wonderful new world and after several years of knocking about settled near Belleville. He married an American girl and with what they could save they managed to buy a little farm. Six children were born.

Brother Otto, back at home, also had married. Regularly the brothers corresponded and the letters kept the spirit of love and comradeship alive and as fresh as when they parted a score of years before. The letters from Germany boasted that seven lit-

tle ones had come to add glory to the name of Grass.

"Two months ago word came from Otto's widow that he had died suddenly. Instantly, mindful of their pledge, Alois Grass scraped together all that he could but the demands of his family were heavy and his income that of a small farmer. Still he did the best he could to live up to the letter of his promise.

Then, six weeks ago, he was made a widower. That made expenses a little less heavy, but he learned from letters that the cost of living also was increasing in Germany. Then he evolved a plan of settling the financial demands of the families Grass.

A matronly German woman, accompanied by seven stalwart children, arrived in East St. Louis yesterday morning. Alois Grass met them at the station. Yesterday afternoon, Mrs. Otto Grass became Mrs. Alois Grass and now there are 13 Grass cousins to help till the Grass farm.

IN THE CHURCHES

Spencer Memorial Methodist—Tuesday evening bible study class will meet at the church.

Wednesday evening prayer services will be held at the church at 7:30.

Thursday afternoon the Woman's Home Mission society will meet with Mrs. Fred Fossell, 727 Thirty-fourth street.

Friday evening the Standard Bearers will serve supper at the parsonage, 4315 Eighth avenue, from 5 to 7 o'clock.

First Swedish Lutheran—The board of deacons will meet this evening at 8 o'clock at the parsonage.

Wednesday evening prayer services will be held at the home of Charles Swanson, Second avenue and Eighth street.

Grace Lutheran—The Forward society will meet this evening with Miss Carrie Olson, 540 Forty-sixth street. The choir will meet for rehearsal Wednesday evening at the church.

German Evangelical—The choir will meet for rehearsal Tuesday evening. Thursday afternoon the Ladies' Sew-

BEAUTIFUL THOUGHTS MORE IMPORTANT THAN COLD CREAMS, SAYS MRS. POMEROY



Mrs. Walter Pomeroy.

Los Angeles, Cal., Aug. 11.—That feminine beauty is not a matter of cold cream, cosmetics or athletics is the opinion of Mrs. Walter Pomeroy of Los Angeles, who has been chosen to represent the state of California in the world's beauty contest to be held in September in Brussels, Belgium.

Mrs. Pomeroy says that she has no faith in the numerous popular suggestions offered to solve the problem of how to be beautiful.

"In my opinion, the beautiful woman is not the one who may have the most perfect features. Even physical beauty depends ultimately upon beautiful spiritual thoughts. Many women attach too much importance to physical beauty.

"Beauty is that which pleases the esthetic sense, and we love a beautiful woman as we love a beautiful flower, but it is neither beauty nor money that brings happiness. If I am beautiful, it is merely the result of circumstances. I grow in a beauti-

ful garden and was protected and cared for since I can remember. I have always been surrounded by beauty and the devotion of those who cared for me."

Mrs. Pomeroy is a gracious hostess and many artists and celebrities have been entertained at her home, 942 Menlo avenue. Though she is only twenty-six years of age she has been married nine years.

"It was a courtship over the back fence and the romance has not yet begun to wear off," she says.

She has surrounded herself by youth and she associates much with girls of debutante age.

"The spirit of youth is another thing that makes for beauty," she says. Mrs. Pomeroy was chosen to represent Golden West beauty by the photographer-artist Matzene.

"I consider her type as near representative of California as could be found," he says.

The contest next month will be the fourth in a series of international exhibitions of portraits of beautiful women the world over. The first contest was in Paris and the winner married a Balkan prince.

Mrs. Pomeroy is a brunette, with eyes set wide apart, and soft, dark brown hair. Her features are delicately moulded, showing strong French and English influence and there is a graceful droop of the neck forward from the shoulders.

DOMESTIC SCIENCE DEPARTMENT



It is, of course, the educated and intelligent woman doing her own work, or directing the work of one general servant, who marks out any new and improved path in household matters and sets an example which other housekeepers follow. To her we look for the working out of better customs in our kitchens which shall make housekeeping more satisfactory for us all.

Many a lonely woman in the country would find delightful employment in raising, gathering and drying the many good herbs that used to hang from the rafters of every well stocked kitchen 50 or 100 years ago. The income from this source would be small, of course, until the old fashion can be revived of using a spray of the herb itself in our soups and stews rather than the powder now in use, which is only fit for stuffing and gravies.

Most important, perhaps, of all the lessons we can learn from the kitchens of Europe, we must train ourselves to plan ahead and give time enough to allow all the goodness of our materials to be used to the best advantage. It makes a great difference in the expense if we wait until the last possible moment before we decide what we will prepare for the meal.

FOURTH COURSE IS ESSENTIAL. Perhaps we then have to send the children to the corner store for some needed materials, for which we pay more than at a less convenient store, or we buy something quick at a higher price than the food we should have chosen had there been time to cook it, but without any corresponding gain in nutriment or appetizing taste.

It is this forethought that makes it possible to use left-overs to advantage. There are so many good and easy and palatable ways of using bits of meat or fish or vegetables left from yesterday, besides the usual "warming up" that is so unattractive and unpalatable that it seems worth while to exert our ingenuity of expecting the untrained mind in the kitchen to devise economical and delicious dishes from the remains of yesterday's food.

It is because we do not make this effort that these bits of good food are thrown away, and the cost of living is bitterly complained of.

STEW WITH DUMPLINGS. Materials—Veal or lamb; carrot, three-fourths cupful; turnip, three-fourths cupful; potatoes, four cupfuls; onion, one; flour, four tablespoonfuls; salt, pepper, parsley.

Directions—Select the meat from the shoulder and near the neck, as the flavor is finer. Wipe the meat with a damp cloth, cut in pieces and put in to the saucepan. Cover the meat well with boiling water and simmer slowly two hours, keeping well covered. Turn the liquor through the fat separator to remove all the fat and return the clear liquor to the saucepan.

Now add the carrot, turnip, potato and onion cut in thin slices and a sprig of parsley. Rub the flour smooth in a little cold water and add for thickening, watching and stirring occasionally until it boils. Season with salt and pepper, cover and simmer again until the vegetables are done. When nearly tender make the dumplings and drop by teaspoonfuls over the top and cover.

The dumplings may be made stiff as biscuit dough and cut in small biscuits and steamed as above. Serve on a platter with the meat and vegetables in the center and dumplings and parsley around the border. Dumpling doughs are usually soft biscuit dough with shortening left out.

ing society will meet in the church basement.

Thursday evening there will be a reception to the members who have been received since the dedication of the church. All members of the congregation are invited to attend.

United Presbyterian—The prayer services will be held Wednesday evening at 7:30 at the church.

Central Presbyterian—Wednesday evening Rev. Otis G. Dale will continue his lecture on "The Plan of the Ages," speaking of the second coming of Christ.

Thursday the congregation and Sunday school will join in a picnic at Campbell's Island. Special cars will leave the corner of Tenth avenue and Fifteenth street at 10 o'clock. All persons attending will meet at the church previous to that time.

Zion Swedish Lutheran—An extra meeting of the Young People's society will be held this evening at 8 o'clock at the chapel.

Thursday afternoon at 2:30 o'clock the Ladies' Sewing society will meet with Mrs. A. E. Johanson, 1124 Thirty-eighth street.

Friday afternoon at 2:30 an examination of the parochial school scholars will be held at the chapel to which the members of the congregations are invited.

Broadway Presbyterian—Ruth's band will meet Wednesday morning at 10 o'clock with Miss Eleanor Scott, 1110 Fifteenth street, Moline. Prayer services will be held Wednesday evening at 7:30 o'clock.

South Park Presbyterian—A business and social meeting of the Young People's society will be held this evening at the church.

Wednesday afternoon at 4 o'clock the Junior association will hold a meeting at the church with humane work as the special for study.

Wednesday evening prayer services

will be held at 7:30 o'clock.

Thursday evening the choir will meet for rehearsal in the church.

Friday afternoon the Woman's society will be entertained at the home of Mrs. C. D. McLane, 3025 Tenth avenue.

First Baptist—Prayer services will be held Wednesday evening at the church.

Friday afternoon the monthly social meeting of the Ladies' Aid society will be held at the home of Mrs. Belle Jones, 1001 Seventeenth avenue. The hostess will be assisted by Mrs. R. G. Summers, Mrs. N. P. Tucker and Mrs. Thomas Journey.

First Methodist—The Daughters of the Covenant will meet with Mrs. Henry Paulsen, 1201 Twelfth street this evening at 7:30 o'clock. The mite boxes will be turned in at this time.

German Methodist—The midweek prayer services will be held Thursday evening at 7:45 o'clock.

SOCIETY CONDUCTS SERVICES.

The Woman's Mission society of Spencer Memorial Methodist church, was in charge of the services at the church last evening. The congregation was large and a most interesting service was carried out. The program was opened with a song by the Standard Bearers and the Home Guards, who marched in as they sang. A hymn by the audience was followed by the reading of the scriptures and prayer by Mrs. Della Buckert. Mrs. Alex Quist gave a reading on deaconess work. Mrs. Jessie Johnson read a paper on "Deaconess and Immigrant Work," and the choir, composed of Mrs. Frank Leverich, Miss Sue Leverich, Mrs. A. W. Friskey, Mr. Freeland, Albert Leverich and N. F. Tucker, sang a beautiful anthem. The pastor, Rev. C. E. Hawkins, made a short address and closed the services with prayer.

All the news all the time—The Argus.

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